

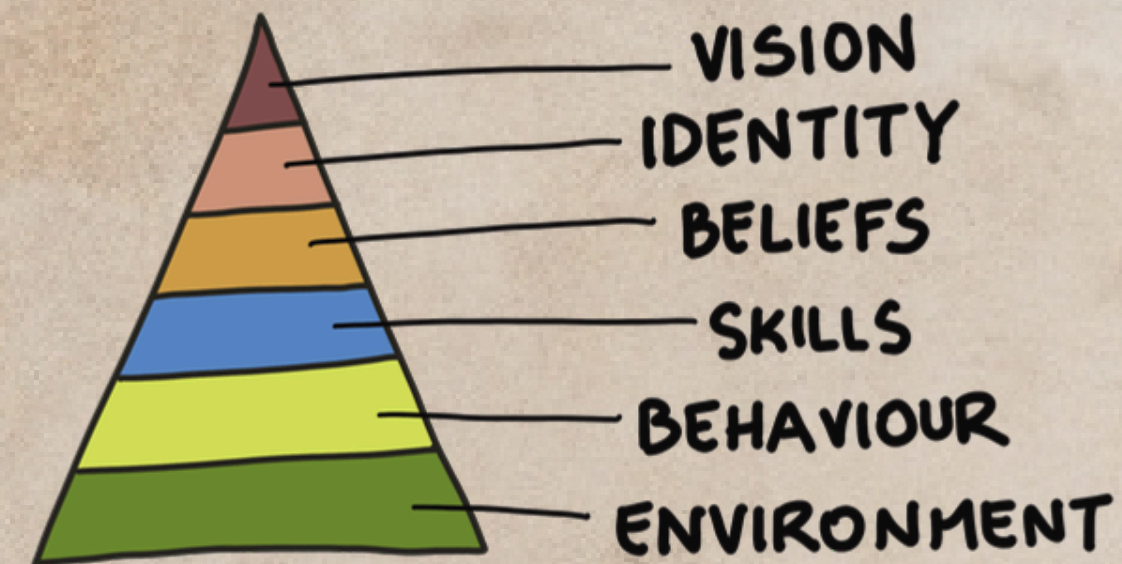
M.A.G.I.C. - MEANINGFUL & AUTHENTIC GROWTH IN COACHING

ERASMUS+ TRAINING COURSE @ SUNNY HILL IN SLOVENIA, 20.-28.8.2026





We developed the M.A.G.I.C project to **share and exchange coaching and mentoring tools** that have been **successfully used in work with young people**. To ensure a holistic and complex approach, we based our training on the **Dilts pyramid**, which claims that *every situation can be viewed, analysed and solved on different levels and, depending on it, with different outcomes*. During the described project we will learn specific tools to work on each of the levels identified by Dilts:



Each day of the training will be dedicated to one of the levels described above. We will learn specific, tangible, but also diverse **coaching/mentoring tools** to work on each level, exploring not only methods based on conversation, but also those which include **art, connection with nature and physical movement**.

We are looking for 24 active youth workers (mentors, coaches, project coordinators, educators, or community leaders) who are **directly involved with young people and are eager to deepen their supporting skills** and are from **Italy, Spain, Poland, Bulgaria, Romania, Greece, Croatia or Slovenia**.

This training is for you if you:

- Work with **youth** and want practical coaching and mentoring tools for everyday practice.
- Are interested in a **holistic approach to personal and professional growth**, including the Dilts Pyramid (from environment to mission).
- Are open to **diverse methods** such as dialogue, art, movement, and nature-based learning.
- Enjoy **learning** through exchange, sharing your experience while exploring new ideas.
- Have a communicative level of **English** and can actively participate.
- Can **commit** to all project phases, including preparation and follow-up.

Diversity & Experience

You can apply if you are 18 or older, is no upper age limit. We welcome participants of diverse backgrounds—from young adults to experienced practitioners. Whether you already know coaching or are discovering frameworks like the Dilts Pyramid, your unique perspective will help the M.A.G.I.C. project grow.





Anna Książek – Trainer

Psychologist, coach, and experienced youth worker with 2000+ hours of training practice. She specializes in personal development, soft skills, global education, changemaking and women empowerment. She created her own Coaching Course for youth workers and ran 5 online and 1 offline edition of it, based on Dilts Piramide. Currently living in an ecovillage in Spain. More information: <https://ksiazekanna.mystrikingly.com/>

Katarzyna Deka – Trainer

Psychologist and educator with 13+ years of experience in international youth projects across Europe and Central Asia. She designs programmes focused on dialogue, diversity, and peacebuilding, combining professional facilitation with creativity and personal development.

Role: Lead expert in non-formal education and youth work methodologies.

Nataša Pavlovič – Trainer

Social worker with 25 years of experience supporting children, youth, and families. Integrates arts therapy and creative methods into her work. Active in volunteer training, mentoring, and Erasmus+ programmes.

Role: Facilitates creative workshops and art-based methods in youth work.

Urška Pavlovič - coordinator

Youth worker, trainer, artist and project manager that has her own organisation Masterpeace which organises the M.A.G.I.C. project. She loves nature, art, working with young people and learning all the time.

The venue of the training course: **Sunny Hill** (Hrvoji, Slovenia)

The M.A.G.I.C. training will take place at Sunny Hill, a vibrant community space in **the heart of Slovenian Istria**. It is a center dedicated to sustainable living, cooperation, and social innovation—the perfect environment for a journey into the Dilts Pyramid.

- **A Living Laboratory:** Sunny Hill is more than just a venue; it is a space where traditional wisdom meets modern sustainable solutions. Surrounded by nature, it provides the peace and solitude necessary for deep coaching work.
- **Accommodation:** You will be staying in shared bedrooms (3–6 people, please note that single rooms are not available, as community living is part of the experience) and/or in camping tents (you can bring your own camping equipment or we provide you with it).
- **Nourishment:** We provide organic, vegetarian meals (including eggs and dairy) sourced from local producers. If you have specific dietary requirements, please indicate them in the application form.
- **Mindful Space:** To support the clarity and focus of our coaching journey, we maintain a non-alcohol policy throughout the event.





Costs and Travel Reimbursement

This project is funded by European union therefore the accomodation, food and materials we will use are covered. There is **no participation fee** for participating. In line with Erasmus+ rules, we will **reimburse your travel costs after the project**, provided you submit all original tickets, boarding passes, and invoices. If you are accepted to the project, you will later receive more information about the travel budget for each country together with more detailed information to help you organise your travel to Sunny hill. We do support you to use **Green Travel**: If you travel by train, bus, or car-sharing for the majority of your journey, you are eligible for a higher reimbursement budget and up to 4 days of additional travel time.

Dates of the training course are **between 20th and 28th of August 2026**

Travel days are Thursday the 20th and Friday the 28th of August.

Other important information:

Insurance: Participants are responsible for their own travel and health insurance.

Eco-friendly kit: As we are staying on a sustainable farm, please bring eco-friendly toiletries if possible.

Connectivity: Expect beautiful views, but limited "city" distractions. Make sure you have all personal essentials with you, as there are no shops within walking distance.

**JOIN THE M.A.G.I.C. TRAINING AND EXPLORE COACHING TOOLS
THROUGH THE LENS OF THE DILTS PYRAMID!**

Application form:



or click here :)

For more information contact: masterpeace.up@gmail.com